



COURSE EQUIPMENT

You should all have a sewing machine - if it's an old one and hasn't been used recently I would really recommend that you get it serviced as it will help you as a beginner to know that your machine is operating as it should. Contact your local sewing shop for advice or ask me if you're in Cornwall and I can recommend.

You will need a few tools as well, in order to get started.

1) A decent pair of fabric scissors - Fiskars is an excellent make - something like these

https://www.amazon.co.uk/Fiskars-Tijeras-Stainless-Standard-Length/dp/B001GAM06U/ref=sr_1_5?dchild=1&keywords=fiskars+dressmaking&qid=1602967315&sr=8-5

2) Pins - it doesn't matter at this early stage really what sort you use - but glass headed pins are the best as they don't melt under and iron - try these

https://www.amazon.co.uk/Multicolor-Straight-Dressmaking-Components-Decoration/dp/B08C29YQ2W/ref=sr_1_5?dchild=1&keywords=dressmaking+pins&qid=1602967394&sr=8-5

3) An iron!!! I will say this a LOT but if you own a sewing machine you MUST own an iron. The two go hand in hand... for this course, if you don't own one, please try to borrow one from somewhere - you will understand why as we go!

COURSE MATERIALS

Finally - the fun bit! Fabric... (fabric buying is a whole hobby in itself)

You will need some bits and pieces to sew and learn on and make your projects each week. Fabric buying can be a total minefield and there are quite a few different things that are required so I have worked with a local fabric supplier to me, to produce course packs at a fixed price in order to remove any anxiety out of this for you. I will do a live about the ins and outs of fabric as you all add yourself into the facebook group



Course Materials & Equipment List

Back to Basics: Getting Started

The lovely Rachael at Sew and Fabric in St Austell will send out everything you need for the class for a fixed discounted price of £28 posted across the UK.

She will make up packs in colours red, blue, green and yellow as per the attached image - some fabrics may be substituted if many of you choose the same colour-way but this is by far the easiest way to prepare yourself for the course!

You can contact her on Sew and Fabric St Austell - sewandfabric@yahoo.co.uk / 01726 75385

If you would like to buy your own locally to you then the list is as follows but please bear in mind that as beginners you need really stable fabrics - so just using odds and sods around the house, while environmentally sound, will not help you as you learn. **I can not stress this enough!**

5 x coordinating Fat Quarters of quilting weight 100% cotton (A fat quarter is a specific cut size of cloth, your fabric shop will explain but I am about to put a video into the group for you to watch if you would like an explanation)

1/2 m medium weight calico

1/2 m something off the roll - a stable woven cotton like quilters cotton is ideal or a light weight furnishing / curtain weight cotton (NO VELVET or FLOCK or anything like that - keep it simple for your first go!)

a4 sized piece of light weight iron on interfacing

1 piece of contrasting but co-ordinating felt (a5 sized)

1/2 m piece of bias binding

1/2 m 5mm ribbon

50cm x 50 cm of medium light weight wadding

Toy stuffing

Sewing thread - a roll of moon thread is ideal.





If it is helpful for you to know roughly what you'll be using for each week it is as follows:

Session 1 : Pincushion project

One piece of fabric roughly a4 sized (cut from fat quarter or a scrap), stuffing

Session 2 : Padded heart project

A4 sized piece x 2 (cut from fat quarter or scrap) and co-ordinating ribbon, stuffing.

Session 3: Cushion cover

Your 1/2 m of fabric off the roll comes in here.

Session 4 : Bunting

You can use fat quarters or something off the roll or a combination of the two. You will use the felt and also the interfacing for this session - it is your choice what fabrics or how many you use. For each flag you will need 2xA4 sized pieces and for the session itself you will be making 3 flags in a string as a sample of the techniques. Bias here needs to be min 2cm / 1 inch. As beginners the wider the better.

Session 5 : Cup cosy

You need two designs of fabric one for the outer and one for the lining, just under a3 sized in each colour. Session 5 is where you use the wadding / batting too.