



Course Materials & Equipment List

Back to Basics: Getting Started

COURSE EQUIPMENT

You should all have a sewing machine - if it's an old one and hasn't been used recently I would really recommend that you get it serviced as it will help you as a beginner to know that your machine is operating as it should. Contact your local sewing shop for advice or ask me if you're in Cornwall and I can recommend.

You will need a few tools as well, in order to get started.

1) A decent pair of fabric scissors - Fiskars is an excellent make - something like these

https://www.amazon.co.uk/Fiskars-Tijeras-Stainless-Standard-Length/dp/B001GAM06U/ref=sr_1_5?dchild=1&keywords=fiskars+dressmaking&qid=1602967315&sr=8-5

2) Pins - it doesn't matter at this early stage really what sort you use - but glass headed pins are the best as they don't melt under and iron - try these

https://www.amazon.co.uk/Multicolor-Straight-Dressmaking-Components-Decoration/dp/B08C29YQ2W/ref=sr_1_5?dchild=1&keywords=dressmaking+pins&qid=1602967394&sr=8-5

3) An iron!!! I will say this a LOT but if you own a sewing machine you MUST own an iron. The two go hand in hand... for this course, if you don't own one, please try to borrow one from somewhere - you will understand why as we go!

COURSE MATERIALS

Finally - the fun bit! Fabric... (fabric buying is a whole hobby in itself)

You will need some bits and pieces to sew and learn on and make your projects each week. Fabric buying can be a total minefield and there are quite a few different things that are required so I have worked with a local fabric supplier to me, to produce course packs at a fixed price in order to remove any anxiety out of this for you. I will do a live about the ins and outs of fabric as you all add yourself into the facebook group



Course Materials & Equipment List

Back to Basics: Getting Started

The lovely Rachael at Sew and Fabric in St Austell will send out everything you need for the class for a fixed discounted price of £28 posted across the UK.

She will make up packs in colours red, blue, green and yellow as per the attached image - some fabrics may be substituted if many of you choose the same colour-way but this is by far the easiest way to prepare yourself for the course!

You can contact her on Sew and Fabric St Austell - sewandfabric@yahoo.co.uk / [01726 75385](tel:0172675385)

If you would like to buy your own locally to you then the list is as follows but please bear in mind that as beginners you need really stable fabrics - so just using odds and sods around the house, while environmentally sound, will not help you as you learn. **I can not stress this enough!**

5 x coordinating Fat Quarters of quilting weight 100% cotton (A fat quarter is a specific cut size of cloth, your fabric shop will explain but I am about to put a video into the group for you to watch if you would like an explanation)

1/2 m medium weight calico

1/2 m something off the roll - a stable woven cotton like quilters cotton is ideal or a light weight furnishing / curtain weight cotton (NO VELVET or FLOCK or anything like that - keep it simple for your first go!)

a4 sized piece of light weight iron on interfacing

1 piece of contrasting but co-ordinating felt (a5 sized)

1/2 m piece of bias binding

1/2 m 5mm ribbon

50cm x 50 cm of medium light weight wadding

Toy stuffing

Sewing thread - a roll of moon thread is ideal.





Course Materials & Equipment List

Back to Basics: Getting Started

If it is helpful for you to know roughly what you'll be using for each week it is as follows:

Session 1 : Pincushion project

One piece of fabric roughly a4 sized (cut from fat quarter or a scrap), stuffing

Session 2 : Padded heart project

A4 sized piece x 2 (cut from fat quarter or scrap) and co-ordinating ribbon, stuffing.

Session 3: Cushion cover

Your 1/2 m of fabric off the roll comes in here.

Session 4 : Bunting

You can use fat quarters or something off the roll or a combination of the two. You will use the felt and also the interfacing for this session - it is your choice what fabrics or how many you use. For each flag you will need 2xA4 sized pieces and for the session itself you will be making 3 flags in a string as a sample of the techniques. Bias here needs to be min 2cm / 1 inch. As beginners the wider the better.

Session 5 : Cup cosy

You need two designs of fabric one for the outer and one for the lining, just under a3 sized in each colour. Session 5 is where you use the wadding / batting too.